

# **ARKAY UNITY**

## **September 2021 Newsletter**

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**Email:** femi.dada@miarkay.org

**Website:** **\*\*CHECKOUT THE NEW REVAMPED WEBSITE AT: [miarkay.org](http://miarkay.org)**

**Do not forget to like us on Facebook at: [www.facebook.com/miarkay.org](https://www.facebook.com/miarkay.org)**

**Executive Director:** Kevin McGuckin

**Program Director:** Femi Dada

**Case Managers:** Boushra Khaireddine, Gerri Loree

### **The Staff That Proudly Serves Our Individuals:**

Angelo Bivings, Brenda Capps, Dollie Germer,  
Lisa Green, Laverdia Green, James Kendrick, Dea Laitis,  
James Medaris, Deana Sabaitis, Brandy Raney

# September



# Mission Statement

**“Our Mission is to assist the Developmentally Disabled and the Elderly Disabled to achieve community inclusion that enhances personal potential, employment opportunities and/or volunteerism.”**



**HAPPY BIRTHDAY TO THESE WONDERFUL CONSUMERS!!!!**

Carmon D. 9/15, Keith W. 9/25, Barbara B. 9/15, Susann K. 9/6, Michael V. 9/6

## **BUSINESS DEVELOPER'S CORNER**

It feels like August just flew by. We hope that everyone is doing well. On September 1<sup>st</sup> we are participating in the Taylor Made Market at Heritage Park in Taylor. We will have a table under the pavilion. Two of Crossings Individuals will be participating, selling their handmade crafts. If your son or daughter or an Individual that you're taking care of has handmade crafts they would like to sell and would like to participate in the Market in the Park at Taylor, please let us know and we will send home or email the information of the items that are acceptable to sell at the market.

These are the dates left for Market in the Park: September 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> and 29<sup>th</sup>. We need to know ahead of time to reserve a spot for us. There's only room for two Individuals per day.

You can reach the Business Development department at: 734-258-8966.

Your Arkay Business Development team: Kyra, Kim, Mark, Megan, Tammy & Ken

## News Notes September 2021

As the hot days of August dwindle away, the [fall months](#) are drawing closer. And while it's sad to say goodbye to summertime living, the month of September offers the perfect intermediary between the dog days of summer and the thick of autumn that comes in October and November. It's a transition time "for everything there is a season, and a time for every matter under heaven: a time to plant, and a time to pluck up what is planted." ([Ecclesiastes 3:1](#))

The Covid-19 vaccine has been well distributed and has been proven to be effective. The CDC is now talking about a booster vaccine. The goal is for people to start receiving a COVID-19 booster shot beginning in the fall, with individuals being eligible starting 8 months after they received their second dose of an mRNA vaccine. This is subject to authorization by the U.S. Food and Drug Administration and recommendation by CDC's Advisory Committee on Immunization Practices (ACIP). FDA is conducting an independent evaluation to determine the safety and effectiveness of a booster dose of the mRNA vaccines. ACIP will decide whether to issue a booster dose recommendation based on a thorough review of the evidence. If FDA authorizes and ACIP recommends a booster dose, the goal is for the first people eligible for a booster dose to be those who were the first to receive a COVID-19 vaccination (those who are most at risk). This includes healthcare providers, residents of long-term care, and other older adults.

Again, if you have a loved one who can't attend in person, please consider Arkay's **virtual skill building (VSB)** which can assist your loved one. I want to emphasize VSB because it would be so good for your love one to interact & learn with others during this time period. We have a great team who has put together a great curriculum for the people we serve. I really think you would enjoy being part of this program. These sessions have been very welcomed by our participants. Our team is very dedicated to helping our consumers to connect with others using technology.

Also, please know that all of Arkay's in-person programs including transportation are up & running daily to serve you. Welcome back!!! At the end of the day, we want two things from you:

1. We want you to be satisfied with our services, &
2. We want to let you know how much we appreciate you for choosing Arkay.

Further, we mark 31 years since the passage of the Americans with Disabilities Act, the ADA. Arkay has a proud history of serving & advocating with and for people with intellectual and developmental disabilities (IDD) and working to ensure that their most fundamental rights and the protections guaranteed by the ADA are recognized and fulfilled.

Lastly, Arkay continues to partner with Charity Roaster. Arkay is able to provide you and your loved ones with delicious **bags of Arkay Coffee**. All Proceeds go toward furthering Arkay's mission to service the developmentally disabled and to support our consumers. Each bag is 12oz. of ground or whole bean coffee and all blends cost \$15. It comes in 8 varieties. Please visit [www.miarkay.org/arkay-coffee](http://www.miarkay.org/arkay-coffee).

Please consider setting aside part of your budget to support the work of Arkay with a tax-deductible charitable donation. Supporters can donate online or by mail. Visit [www.miarkay.org](http://www.miarkay.org) to make a gift using a credit card or send a check to Arkay.

Very Sincerely,

Kevin McGuckin  
Arkay CEO



**FRIENDLY REMINDER**

**Arkay will be closed on Monday, September 6, 2021 for Labor Day!**



## Activity Checklist for September 2021

Name: \_\_\_\_\_

\*Food, Decoration, and/or Monetary donations are welcome for the parties listed.

**\* Please turn in whole, Do not cut\***

| Activity:                  | Price: | 1. What activities would you like to participate in?<br>2. What (if any) donation(s) will you like to make towards a party? |
|----------------------------|--------|-----------------------------------------------------------------------------------------------------------------------------|
| 9/9: Bowling Day           | \$5.00 |                                                                                                                             |
| 9/13: Baking Class         | \$5.00 |                                                                                                                             |
| 9/15: Henry Ford Museum    | \$5.00 |                                                                                                                             |
| 9/24: Pizza/Bingo          | \$5.00 |                                                                                                                             |
| 9/30: Birthday Celebration | \$5.00 |                                                                                                                             |
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Amount Enclosed \$ \_\_\_\_\_

## Arkay Unity September 2021

| SUNDAY                                                                                         | MONDAY                                                                                                                       | TUESDAY                                                                                                                     | WEDNESDAY                                                                                                                                        | THURSDAY                                                                                                                             | FRIDAY                                                                                                                          | SATURDAY  |
|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|-----------|
| <b>NO CHECKS<br/>ACCEPTED<br/>UNLESS 7 DAYS<br/>BEFORE THE<br/>EVENT!!!!</b>                   |                                                                                                                              |                                                                                                                             | <b>1 EXERCISE CLASS:</b><br><br>(Coordination skills, healthy living habits, following instructions, team building skills)<br><br>FREE           | <b>2 OUTING DAY:</b><br><br>Southland Mall<br>(Community integration, social skills, money skills)<br><br><b>** MUST BRING LUNCH</b> | <b>3 GAME DAY:</b><br><br><b>WHEEL OF FORTUNE!</b><br><br>(Critical thinking, number skills, social skill building)<br><br>FREE | <b>4</b>  |
| <b>5</b>                                                                                       | <b>6 CLOSED</b>                                                                                                              | <b>7 ARTS APPRECIATION:</b><br><br>(Arts & Crafts, creativity skills, fine motor skills, confidence building)<br><br>FREE   | <b>8 ZUMBA CLASS</b><br><br>(healthy living skills, exercise, following rules, fine motor skills)<br><br>FREE                                    | <b>9 BOWLING DAY:</b><br><br>(Social skills, fine motor skills, team building skills)<br><br>\$5.00                                  | <b>10</b><br><br><b>MONEY MANAGEMENT:</b><br><br>(Money handling skills, budgeting, number skills)<br><br>FREE                  | <b>11</b> |
| <b>**ITEMS LISTED<br/>ON THE<br/>CALENDAR DO<br/>NOT INCLUDE<br/>REGULAR DAILY<br/>OUTINGS</b> | <b>13</b><br><br><b>BAKING CLASS:</b><br><br>(Fine motor skills, healthy menu choice, Independence)<br><br>\$5.00            | <b>14 MOVIE DAY (THEATER)</b><br><br>(Socialization skills, decision making, team building)<br><br>FREE                     | <b>15 OUTING DAY:</b><br><br>Henry Ford Museum<br>(Community Integration, Community Inclusion, History Appreciation)<br><br>\$5.00 (BRING LUNCH) | <b>16 GAME DAY TOURNAMENT:</b><br><br><b>WORD PUZZLE</b><br>(critical thinking, number skills)<br><br>FREE                           | <b>17 TRIVIA DAY</b><br><br>(Confidence building, socialization skills, public speaking)<br><br>FREE                            | <b>18</b> |
| <b>19</b>                                                                                      | <b>20 GAME DAY:</b><br><br><b>JEOPARDY!</b><br><br>(Critical thinking, number skills, social skill building)<br><br>FREE     | <b>21 EXERCISE CLASS:</b><br><br>(Coordination skills, healthy living habits, following instructions,)<br><br>FREE          | <b>22 SUPPORTED EMPLOYMENT DAY:</b><br><br>(appropriate attire for workplace, time management)<br><br>FREE                                       | <b>23 OUTING DAY:</b><br><br>Pottery Creation<br>(Community Integration, Community Inclusion, History Appreciation)<br><br>FREE      | <b>24 PIZZA /BINGO</b><br><br>(Math skills, working together, social conduct)<br><br>\$5.00                                     | <b>25</b> |
| <b>26</b>                                                                                      | <b>27</b><br><br><b>ARTS APPRECIATION:</b><br><br>(Arts & Crafts, creativity skills, fine motor skills, confidence building) | <b>28 EXERCISE CLASS:</b><br><br>(Coordination skills, healthy living habits, following instructions, team building skills) | <b>29 LUNCH AT THE PARK:</b><br><br>(healthy living skills, safety skills, social skills) FREE<br><br><b>** MUST PACK A LUNCH**</b>              | <b>30 Birthday Celebration</b><br><br>- (kitchen safety skills and meal prep)<br>\$5.00<br><br><b>FUN!</b>                           |                                                                                                                                 |           |