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# ARKAY WAYNE/OAKLAND

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## MAY 2021 Newsletter

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Do not forget to like us on Facebook at [www.facebook.com/miarkay.org](https://www.facebook.com/miarkay.org)

Executive Director: Kevin McGuckin

Program Director: Tiffany Jenkins

Case Manager: Carli Gilliam Wood

The Staff That Proudly Serves Our Individuals:

Alex Carr

Taquilla Irvin

Allen Smith

Jackie Pride



We are now going into the fifth month of this new year!!! And that means it is spring time!! It means MEMORIAL DAY is upon us!!! The warm weather is here and we are smiling with joy because the sun shines bright on all, yay! ***Please be safe and spread love and joy to all, breed peace and kindness to those around you and most importantly wake up everyday as if it was on purpose and with certainty for as many great moments to live as you can! Thank you from all of us here at Arkay Wayne/Oakland!***

# Mission Statement

**“To assist the Developmentally Disabled and the Elderly Disabled to achieve community inclusion that enhances personal potential, employment opportunities and/or volunteerism”**

May 2021 News Notes

We are coming to the month of May & Spring flowers. The birth flower for May is Lily of the Valley also known as the Mayflower. In the language of flowers, it represents the return to happiness. It also denotes purity, joy, good fortune and modesty. By the time May comes around, the spring flowers are blooming, birds are chirping, and life is starting to seem a little more joyful day by day! But as the seasons change from spring to summer, it's the perfect time to review & reflect on how the Pandemic has brought many challenges to Arkay.

As we continue through the pandemic, the future is looking better for all of us due to the vaccine. At this point in time, Arkay has had approximately 45% of our staff receiving the 2nd COVID vaccine. We really would like to get back to normal; however, April has been a challenging month both for Michigan & Arkay. Michigan has seen a rise in COVID cases & Arkay has dealt with COVID among staff & consumers. The past year has transformed nearly every aspect of our world. Seemingly overnight, Zoom has become a popular tool in communications. Meanwhile, our friends, family, colleagues, and communities have had their lives changed in critical ways that promise to have much longer-lasting effects. Living through a global pandemic has driven dramatic shifts in our jobs, eating habits, and even our collective sense of time. Virtually no one has been left untouched after 13 months of such dramatic disruption. A generous dose of empathy and understanding of that truth will make us all stronger as we rebuild and remake our world in the year ahead.

## Virtual Skill Building & Supported Employment

Again, if you have a loved one who can't attend in person, Arkay has virtual skill building (VSB) which can really assist your loved one. I want to emphasize VSB because it would be so good for your love one to interact & learn with others during this time period. We have a great team who has put together a great curriculum for the people we serve. I really think you would enjoy being part of this program. These sessions have been very welcomed by our participants. Our team is very dedicated to helping our consumers to connect with others using technology. Please make note: Arkay has received funding to work on a new curriculum for our consumers.

What's new at Arkay is COFFEE. Almost everyone drinks coffee to a certain degree. Most folks buy coffee usually at a retailer. Why not buy the Arkay Brand Coffee? Arkay Inc. is proud to announce our partnership with Charity Roaster. Arkay is now able to provide you and your loved ones with delicious bags of coffee available in an assortment of flavors. All proceeds go toward furthering Arkay's mission to service the developmentally disabled and to support our consumers. This is Arkay Brand Coffee. Pre-order Today by Calling (734) 284-2929.

<https://www.miarkay.org/arkay-coffee>

Lastly, consider setting aside part of your budget to support the work of Arkay with a tax-deductible charitable donation. We've simplified the donation procedure, allowing supporters to donate online or by mail. Visit [www.miarkay.org](http://www.miarkay.org) to make a gift using a credit card or send a check to Arkay. Every gift matters. We thank you in advance for responding to this need.

Very Sincerely,

Kevin McGuckin Arkay CEO

### May Business Developers Corner

We are looking forward to the warmer weather and the new opportunities that are around the corner. At this time, there are a lot of job opportunities but, we are carefully choosing the opportunities that will also keep our Individuals safe during these unprecedented times that we are in.

We also are continuing to assist Individuals in getting the Covid vaccination. If you have any questions, feel free to call the Arkay Administration Office at 734-284-2929.

You can also check us out on our Arkay Facebook page to see the great things that all Arkay locations are doing!

Happy Spring! Stay safe!

Your Business Development Team: Kyra, Kim, Mark, Megan, Tammy & Ken!

# BIRTHDAY GREETINGS TO

PAM

Happy Birthday!!!

HOPE YOU HAVE A GREAT BIRTHDAY MONTH!!!



**JUST A FRIENDLY REMINDER:**

**WE ARE ACCEPTING DONATIONS OF ANY KIND FOR PARTIES  
(napkins, plates, cups, LYSOL , Clorox wipes etc.) WE ARE ALSO  
ACCEPTING MONETARY DONATIONS TO GO TOWARDS ACTIVITIES  
FOR THE PROGRAMS.**

# ARKAY WAYNE/OAKLAND MAY 2021 ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
						<b>1</b>  <b>HAPPY MAY</b>
<b>2</b>	<b>3</b>  <b>SUPPORTED EMPLOYMENT CLASS – (employment readiness skills)</b>	<b>4</b>  <b>ZUMBA CLASS</b>  (healthy living skills, following rules, developing interpersonal skills)	<b>5</b>  <b>BRING YOUR OWN LUNCH PICNIC AT PARK</b> (, community integration, socialization skills)	<b>6</b>  <b>DRY ERASE BOARD</b>  <b>TIC TSC TOE</b>  (team building, confidence building, appropriate socialization skills)	<b>5</b>  <b>PRIZE BINGO</b>  <b>FREE</b>	<b>8</b>
<b>9</b>	<b>10</b>  <b>SUPPORTED EMPLOYMENT CLASS – (employment readiness skills)</b>	<b>11</b>  <b>BEAUTY/HYGIENE CLASS - (good hygiene skills, grooming skills, how to dress for different occasions ex: seasonal wear and how to dress for interview</b>	<b>12</b>  <b>BRING YOUR OWN LUNCH PICNIC AT PARK</b> (, community integration, socialization skills)	<b>13</b>  <b>Family/ Friends Feud</b>  (team building, confidence building, building endurance)	<b>14</b>  <b>KARAOKE</b>  <b>FREE</b>	<b>15</b>
<b>16</b>	<b>17</b>  <b>SUPPORTED EMPLOYMENT CLASS – (employment readiness skills)</b>	<b>18</b>  <b>ZUMBA CLASS</b>  (healthy living skills, following rules, developing interpersonal skills)	<b>19</b>  <b>BRING YOUR OWN LUNCH PICNIC AT PARK</b> (, community integration, socialization skills)	<b>20</b>  <b>Current Events</b>  (team building, confidence building, appropriate socialization skills)	<b>21</b>  <b>PRIZE BINGO</b>  <b>FREE</b>	<b>22</b>
<b>23</b>          <b>30</b>	<b>24</b>  <b>SUPPORTED EMPLOYMENT CLASS (employment readiness skills)</b>     <b>31</b>  <b>CLOSED  HOLIDAY</b>	<b>25</b>  <b>BEAUTY/HYGIENE CLASS - (good hygiene skills, grooming skills, how to dress for different occasions ex: seasonal wear and how to dress for interview</b>	<b>26</b>  <b>BRING YOUR OWN LUNCH PICNIC AT PARK</b> (, community integration, socialization skills)	<b>27</b>  <b>PRIZE IS RIGHT</b>  (team building, confidence building, appropriate socialization skills)	<b>28</b>  <b>KARAOKE</b>  <b>FREE</b>	<b>29</b>

## ARKAY OAKLAND ACTIVITY CHECKLIST MAY 2021

Name: \_\_\_\_\_

Activity:	Price:	What activities would you like to participate in?
5/3 FREE ACTIVITY		
5/4 FREE ACTIVITY		
5/5 FREE ACTIVITY		
5/6 FREE ACTIVITY		
5/7 FREE ACTIVITY		
5/10 FREE ACTIVITY		
5/11 FREE ACTIVITY		
5/12 FREE ACTIVITY		
5/13 FREE ACTIVITY		
5/14 FREE ACTIVITY		
5/17 FREE ACTIVITY		
5/18 FREE ACTIVITY		
5/19 FREE ACTIVITY		
5/20 FREE ACTIVITY		
5/21 FREE ACTIVITY		
5/24 FREE ACTIVITY		
5/25 FREE ACTIVITY		
5/26 FREE ACTIVITY		
5/27 FREE ACTIVITY		
5/28 FREE ACTIVITY		
5/31 HOLIDAY WE ARE CLOSED		

<b>Amount enclosed:</b>		<b>Take From Account:</b>
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